

## Ekkono education pathway: Level 2

## Ekkono Smart 2 – <u>Perception & Concepts</u>

Note, take appropriate equipment for the education (also football shoes + outfit and notes)

## Wednesday 5.3.2025

14.00 - 14.15	Introduction for level 2.2	kokoustila Enjoy
14.15 – 15.15	Theory 1, Basics of Ekkono Smart; Perception	Enjoy
15.30 – 16.15	Theory 2, Basics of Ekkono Smart; Perception	Enjoy
16.15 – 16.45	Dinner	Restaurant
16.45 – 17.30	Theory 3, Basics of Ekkono Smart; Concepts	Enjoy
17.45 – 19.00	Practice session 1 (Coaches as model group)	Harjoitushalli
19.15 – 20.30	Assignment work I	Enjoy
20.30 - 21.00	Evening snack	Restaurant
21.00 - 22.00	Sauna	Rantasauna

## Thursday 6.3.2025

08.00 - 08.30	Breakfast	Restaurant
08.30 - 10.00	Assignment work II	kokoustila Enjoy
10.00 - 10.15	Rooms check-out	
10.30 - 12.00	Practice session 2 (Youth team as a model group)	Harjoitushalli
12.00 - 12.30	Lunch	Restaurant
13.00 - 14.30	Practice session 3 (Youth team as a model group)	Harjoitushalli
14.45 – 15.30	Theory 4, Basics of Ekkono Smart; Concepts	Enjoy
15.30 – 16.30	Discussion and closing of the level 2.1	Enjoy
16.30 – 17.00	Dinner	Restaurant

